

Registration opens at 10 a.m. Aug. 10, 2022

Fall 2022 SCHEDULE

encore

55+ LEARNING



A LEADER IN ADULT EDUCATION FOR MORE THAN 45 YEARS

Cuyahoga
Community
College



WELCOME

Welcome to Encore 55+ Learning at Cuyahoga Community College (Tri-C®).

For more than 45 years, Tri-C has been a premier provider of education to individuals 55 and older. The program continues to thrive due to our community's desire for high-quality and affordable lifelong learning opportunities through Encore Campus Fridays, Encore On-the-Go and Neighborhood Scholars.



Virtual Session

Tuesdays, Sept. 20 – Nov. 1
(9 a.m., 11 a.m. and 1 p.m.)

Thursdays, Sept. 22 – Nov. 3
(2 p.m.)

50-minute virtual classes

Cost: \$30 per course

On-Campus Session

Fridays, Sept. 23 – Nov. 4

50-minute in-person classes
(9 a.m., 10 a.m., 11 a.m., noon,
1 p.m. and 2 p.m.)

Cost: \$99 for up to six courses at a
single campus or \$30 per course

We recommend that virtual students download the **Cisco Webex Meetings application** prior to their class start date for the best user experience.

And if you've never taken a virtual class before, we're here to help!

Visit tri-c.edu/encore or call 216-987-2274 for more information.

We look forward to seeing you soon!

The Encore Team

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Encore Campus Fridays Locations

Eastern Campus

4250 Richmond Road, Highland Hills, Ohio 44122
Recommended Parking: Lot B3 off Richmond Road

Western Campus

11000 W. Pleasant Valley Road, Parma, Ohio 44130
Recommended Parking:
Lots B and C off W. Pleasant Valley Road

Westshore Campus

31001 Clemens Road, Westlake, Ohio 44145
Recommended Parking: Lot 2

Campus maps and directions available at
tri-c.edu/campuses-and-locations.

Encore On-the-Go Virtual (Webex)

Download the **Cisco Webex Meetings** application prior to your class start date for the best user experience.

Webex test sessions will take place to help make sure your technology is working and that you know what needs to be done to participate in your courses.

Thursday, Sept. 15
10-11 a.m., 1-2 p.m.

Register at tri-c.edu/EOGtest.

New to Encore Campus Fridays or Neighborhood Scholars?

New Student Orientation has been recorded to answer frequently asked questions and help you navigate the campuses. View the 23-minute video at tri-c.edu/encore.

Know someone who might be interested in Encore?

Email their name, home address, apartment, city, ZIP and email address to encore@tri-c.edu or call us with this information at 216-987-2274.

MEET THE ENCORE TEAM

The Team



Suzanne Ortiz

*Director
Professional Development,
Community Education and
Encore 55+ Learning*



Fran Tomba

*Program Coordinator
Community Education
and Encore 55+ Learning*



Traci Lyons

*Program Coordinator
Professional Development
and Encore 55+ Learning*

Site Facilitators

Anne Stottler, *Eastern Campus*

Terri Kroboth, *Western Campus*

Mike Ketterick, *Westshore Campus*

Our team is available to speak with you
Monday through Friday, 8 a.m. – 4:30 p.m.

**Please call 216-987-2274
or email encore@tri-c.edu.**

Encore 55+ Learning offers on- and off-campus experiences to enhance learning opportunities and community engagement.

Encore Campus Fridays provides a unique academic learning environment focused on encouraging dialogue and developing relationships among individuals with common interests. There is no homework, tests or quizzes. Our instructors include Tri-C staff, retired educators and professionals from history, literature, science, arts and entertainment, business, health and wellness and more. Students can register for one to six courses per session, per campus for a single registration fee of \$99 (or \$30 per course).

Encore On-the-Go allows students to engage with our instructors in a virtual format. Students can register for \$30 per course. Technology test sessions are scheduled the week before each course start date.

Neighborhood Scholars programming is made possible in cooperation with community partners across Greater Cleveland. Discover the Cleveland Museum of Art via our in-person or virtual series. You can also explore familiar (and some not-so-familiar) places in the Greater Cleveland area, including historical landmarks and places of worship.

Encore

On-the-Go

Tuesdays and Thursdays
Virtual

\$30 per course

Tuesdays, Sept. 20 – Nov. 1

COURSE	INSTRUCTOR	A LA CARTE CRN
9-9:50 a.m.		
Backyard Nature Journaling and Writing	Carol Agnew	40915
Einstein and the Historic Debate No One Remembers	Charlene Mileti	41000
History of Christianity: Embraced by Constantine and Rome	Ted Smith	40916
Remembering the Overlooked But Not Forgotten	Judi Slack	40918
Retirement Planning Strategies	Keith Witkowski	40917
11-11:50 a.m.		
The American Short Novel	Michael Bohnert	40963
A Taxpayer's Guide to the U.S. Military	Walter S. Topp	40962
A Virtual Tour of Interesting Places in India	Sumi Srinivason	40920
Basic Hatha Yoga	Jody Schrock	40959
Cinderella and Other Girls Who Lost Their Slippers	Judi Slack	40964
Meditation	Josephine M. "Katie" Evans	40960
More Than Just a Snapshot	Judith Khaner	40919
The Nature of Suffering	Ted Smith	40961
Ohio Archaeology	Eric Olson	40958
Why Is Democracy So Fragile?	Charlene Mileti	40957
1-1:50 p.m.		
Anahat Ageless Yoga	Jody Schrock	40968
Buddhist and Hindu Art, Architecture and Iconography	Sumi Srinivason	40967
Chair Exercise	Josephine M. "Katie" Evans	40969
Climate Change: What We Can Do?	Kathryn Sasowsky	40970
Epidemic Levels: Learn How to Prevent or Reverse Prediabetes	Vera M. Bartasavich	40972
History of Mass Media	Norm Weber	40971
Virtual Art Hop	Nicole Ledinek	40973

Thursdays, Sept. 22 – Nov. 3

COURSE	INSTRUCTOR	A LA CARTE CRN
2-2:50 p.m.		
Book Discussion Group	Marcia Petchers	40754

View course descriptions beginning on page 11 and register online at tri-c.edu/encore. Find instructions to register on page 28.

Eastern Campus

FALL 2022 Encore Campus Fridays

Sept. 23 – Nov. 4 | 9 a.m. – 3 p.m.

\$99 for up to 6 courses (bundle) or \$30 per course (a la carte)

Eastern Campus | 4250 Richmond Road | Highland Hills, OH 44122

COURSE	INSTRUCTOR	BUNDLE CRN	A LA CARTE CRN
9-9:50 a.m.			
America's Iconic Monuments	Avery Fromet	40829	40830
Analyzing Major League Baseball	Michael Walczak	40833	40834
Duke Ellington: His Life and Music	Jerry Jelinek	40831	40832
Einstein and the Historic Debate No One Remembers	Charlene Mileti	41002	41001
Retirement Planning Strategies	Keith Witkowski	40837	40838
The Symphonies of Beethoven	Richard Polster	40835	40836
9-10:50 a.m.			
Backyard Nature Journaling and Writing	Carol Agnew	40844	40845
10-10:50 a.m.			
America's Greatest Conflicts	Avery Fromet	40839	40840
Classical Music in the Romantic Era	Richard Polster	40852	40863
The Depression and Its Notable Hollywood Cinema	Mark B. Schwartz	40864	40865
Exploring Mars	Joseph C. Kolecki	40850	40851
Fun With Italian	Maureen Huefner	40866	40867
History of Cleveland Sports: Browns, Guardians and Cavaliers	Douglas Imhoff	40848	40849
Speaker Series: Explore, Enrich, Engage	Betty Zak	40842	40843
Why Is Democracy So Fragile?	Charlene Mileti	40846	40847
11-11:50 a.m.			
The Age of Roosevelt	Thomas Hartshorne	40880	40881
American Sign Language	Deborah Stylinski	40974	40975
Basic Hatha Yoga	Jody Schrock	40870	40871
Casino Games	Terry Perko	40996	40997
The Early Days of Television: More Than an Idiot Box	Sol Factor	40878	40879
Gardener's Gazette	Rita Politzer	40872	40873
History of the U.S. Constitution	Avery Fromet	40868	40869
Tai Chi for Balance	Martha Lois	40876	40877
Unamerican Influences in the United States (1880-1960)	Mark B. Schwartz	40874	40875
Noon-12:50 p.m.			
Art Appreciation	Martha Lois	40894	40895
Arts and Crafts	Anne M. Stottler	40882	40883
Cleveland Sports: Highlights and Lowlights	Gerry Nemeth	40886	40887
Dancing Through History	Joy Borland	40890	40891

View course descriptions beginning on page 11 and register online at tri-c.edu/encore. Find instructions to register on page 28.

COURSE	INSTRUCTOR	BUNDLE CRN	A LA CARTE CRN
Noon -12:50 p.m. (continued)			
Meditation and Mudras	Jody Schrock	40888	40889
Quirky Composers and Their Music	Barbara Perkins	40884	40885
Singer-Songwriters of the 1970s	Frank Thomas	40896	40897
1-1:50 p.m.			
Beginner Line Dancing	Beth Parnin	40898	40899
Beginning Weight Training	Shad Nye	40911	40912
Chair Exercise	Josephine M. "Katie" Evans	40906	40907
Dancers and Choreographers of Stage and Screen	Joy Borland	40908	40910
History of Ohio Government	Herbert A. Burns	40902	40903
Old Time Radio: Crime Shows	Jay Berkowitz	40904	40905
Rock Music of the 1970s	Frank Thomas	40900	40901
2-2:50 p.m.			
Beginning Weight Training Using Free Weights	Shad Nye	40925	40926
Fun With Colored Pencils	Jay Berkowitz	40921	40922
Fun With Fitness	Beth Parnin	40913	40914
Gray Matter Matters: Enhancing Our Executive Functioning Skills	Mary Lou Fasko	40923	40924
The Slave Bible	Herbert A. Burns	40978	40979

Sept. 23 – Nov. 4 | 9 a.m. – 3 p.m.

\$99 for up to 6 courses (bundle) or \$30 per course (a la carte)

Western Campus | 11000 Pleasant Valley Road | Parma, OH 44130

COURSE	INSTRUCTOR	BUNDLE CRN	A LA CARTE CRN
9-9:50 a.m.			
The 1960s: The Decade That Changed Everything	Bob Wido	40759	40760
Beginner Group Piano	Rebecca Unkefer	40976	40977
Beginning Weight Training	Shad Nye	40766	40767
Casino Games	Terry Perko	40998	40999
Cleveland Sports: Highlights and Lowlights	Gerry Nemeth	40764	40765
Quirky Composers and Their Music	Barbara Perkins	40755	40756
Singer-Songwriters of the 1970s	Frank Thomas	40761	40763
They Broke the Glass Ceiling: Women in Music and Art	Betty Zak	40757	40758
10-10:50 a.m.			
Beginning Weight Training Using Free Weights	Shad Nye	40775	40776
Bloggging Through Retirement	Jennifer Otto	40771	40772
Hans Christian Andersen: Tales of Wisdom	Wendell Brooker	40777	40778
Rock Music of the 1970s	Frank Thomas	40770	40762
Speaker Series: Explore, Enrich, Engage	Betty Zak	40768	40769
11-11:50 a.m.			
Analyzing Major League Baseball	Michael Walczak	40785	40786
Beginning Aerobics Using Machines	Shad Nye	40787	40788
Comparative Political and Economic Systems	Jeff Black	40781	40782
Gardener's Gazette	Marilyn A. Hallenburg	40783	40784
Historic Figures in Psychology	Charles Banevich	40779	40780
Reimagining the Sacred in a Scientific Age	Wendell Brooker	40789	40790
Noon-12:50 p.m.			
Famous and Not-So-Famous Folk	Linda Witkowski	40797	40798
Highways and Byways III	Dennis Geffert	40791	40792
Ohio Archaeology	Eric Olson	40795	40796
The Roadmap to Your Future	Heather Lopez	40793	40794
1-1:50 p.m.			
Beatles Redone	Ted Smith	40811	40812
The Early Days of Television: More Than an Idiot Box!	Sol Factor	40807	40808
Enneagram: Understanding Yourself and Others	Patrick H. O'Leary	40805	40806
Exploring Mars	Joseph C. Kolecki	40801	40802
The History of Flight	Dennis Geffert	40799	40800
Road-Tripping Through Ohio	Milenko Budimir	40803	40804
What to Read Next Book Club	Susan Ungham	40809	40810

COURSE	INSTRUCTOR	BUNDLE CRN	A LA CARTE CRN
2-2:50 p.m.			
Act V: Still More Wonderful Musicals You Haven't Seen	Gary Anderson	40813	40814
The Nature of Fear II	Ted Smith	40987	40986
Russia and Ukraine: Origins to the Soviet Era	James Pawlik	40815	40816
Tai Chi for Balance	Martha Lois	40817	40818
Talking TED	Susan Ungham	40821	40822
What's Your Philosophy of Life?	Milenko Budimir	40820	40819

Sept. 23 – Nov. 4 | 9 a.m. – 3 p.m.

\$99 for up to 6 courses (bundle) or \$30 per course (a la carte)

Westshore Campus | 31001 Clemens Road | Westlake, OH 44145

COURSE	INSTRUCTOR	BUNDLE CRN	A LA CARTE CRN
9-9:50 a.m.			
American Democracy in Peril	Patrick H. O'Leary	40827	40828
Brains, Balance and Never-Grow-Old Fitness	Paul O'Donoghue	40853	40854
Laugh, Cry and Pray	Elizabeth Bird	40823	40824
One-Hit Wonders of the 50s, 60s and 70s	Joel Keller	40857	40858
Tea 101: The Many Colors of Tea	Judi Slack	40825	40826
Traditional Chinese Medicine	Ted Smith	40855	40856
10-10:50 a.m.			
Creative Writing: The Novel	LeAnne Miller	40861	40862
Enneagram: Understanding Yourself and Others	Patrick H. O'Leary	40927	40928
Music Appreciation	Elizabeth Bird	40859	40860
Personalized Healthy Eating Strategies	Paul O'Donoghue	40929	40930
Qi Gong	Ted Smith	40931	40932
We Built This City: How Transportation, Immigration, Industrialization and Politics Came Together	Walter S. Topp	40994	40995
11-11:50 a.m.			
Gardener's Gazette	Mary Jo Rawlins	40941	40942
If the Shoe Fits, Wear It!	Judi Slack	40939	40940
Let's Talk Food	Elizabeth Bird	40933	40934
Social Media 101	Sarah Kepple	40992	40993
Stress: Your Secret Weapon	Pat Stropko-O'Leary	40935	40936
The Exciting Experience of Virtual and Augmented Reality	Gary Arnosk	40937	40938
The Nature of Fear II	Ted Smith	40988	40989
Noon-12:50 p.m.			
A Woman's Place: The Trailblazing Women Who Changed the World From Their Kitchens	Judi Slack	40943	40944
It's Not What You Think: A Citizen's Guide to Policing in America	Walter S. Topp	40945	40946
Make Your Own Website or Blog	Sarah Kepple	40984	40985
1-1:50 p.m.			
Art Fitness	Nicole Ledinek	40949	40950
History of Cleveland Sports: Browns, Guardians and Cavaliers	Douglas Imhoff	40947	40948
Make Your Own Animations and Video Games	Sarah Kepple	40982	40983
Science Fiction: The Major Figures	Michael Bohnert	40990	40991
1-2:50 p.m.			
Backyard Nature Journaling and Writing	Carol Agnew	40951	40952
2-2:50 p.m.			
Analyzing Major League Baseball	Michael Walczak	40955	40956
Let's Go Into the Wayback Machine	Gerry Nemeth	40980	40981
The Roadmap to Your Future	Heather Lopez	40953	40954

View course descriptions beginning on page 11 and register online at tri-c.edu/encore. Find instructions to register on page 28.

Course Descriptions



This course involves **physical activity**. Registrants may be asked to sign an informed consent/release of liability form prior to participation.



Hands-on **art course**. May require supplies to be purchased by student. Check tri-c.edu/encore for supply list.



Additional fee for class materials.



This course has **required or suggested books**.

The 1960s: The Decade That Changed Everything *Bob Wido*

Bundle Western | 9-9:50 a.m. | 40759
A la carte Western | 9-9:50 a.m. | 40760

JFK, Vietnam, Woodstock, Kent State, hippies ... we grew up with them, and now they're part of American history. What were the drivers of this turbulent decade, and what can we learn from it? This course offers a fun, energetic and insightful look at what many consider the most important period in American history. We'll look at major events and people and discuss our own personal experiences throughout the '60s.

Act V: Still More Wonderful Musicals You Haven't Seen *Gary Anderson*

Bundle Western | 2-2:50 p.m. | 40813
A la carte Western | 2-2:50 p.m. | 40814

Smash hits and classics: Been there, seen them, heard them. I'll tempt you with lesser known gems, each one new to you!

The Age of Roosevelt *Thomas Hartshorne*

Bundle Eastern | 11-11:50 a.m. | 40880
A la carte Eastern | 11-11:50 a.m. | 40881

Examine U.S. history during the 1930s, including the effects and consequences of the Depression and WWII.

American Democracy in Peril *Patrick H. O'Leary*

Bundle Westshore | 9-9:50 a.m. | 40827
A la carte Westshore | 9-9:50 a.m. | 40828

Examine the history and evolution of the U.S. Constitution and understand the powers and limits it gives to American government. Trace the history of our evolving democracy, meeting the heroes and villains of what George Washington called "the last great experiment for promoting human happiness."

The American Short Novel *Michael Bohnert*

A la carte Virtual | 11-11:50 a.m. | 40963

Join us as we study various short novels such as *The Pearl* (John Steinbeck), *The Old Man and the Sea* (Ernest Hemingway), *Seize the Day* (Saul Bellow), *Sula* (Toni Morrison) and *The Ballad of the Sad Café* (Carson McCullers).

American Sign Language *Deborah Stylinski*

Bundle Eastern | 11-11:50 a.m. | 40974
A la carte Eastern | 11-11:50 a.m. | 40975

An introduction to American Sign Language (ASL) and Deaf culture. Learn how to introduce yourself and communicate in simple phrases. \$5 supply fee due to instructor on first day of class.

America's Greatest Conflicts *Avery Fromet*

Bundle Eastern | 10-10:50 a.m. | 40839
A la carte Eastern | 10-10:50 a.m. | 40840

The United States has been involved in many conflicts that greatly shaped America as well as the entire world. We'll look at the fascinating history behind the American Revolution, the Civil War, Afghanistan and more.

America's Iconic Monuments

Avery Fromet

Bundle Eastern | 9-9:50 a.m. | 40829

A la carte Eastern | 9-9:50 a.m. | 40830

Most of us know about Mount Rushmore, the Washington Monument and the Golden Gate Bridge — but do we have any idea what it took to build them? What about lesser-known but equally fascinating American monuments? Learn about the movers and shakers who proposed these monuments and saw them through to completion.

Anahat Ageless Yoga

Jody Schrock

A la carte Virtual | 1-1:50 p.m. | 40968

Hatha yoga is designed for people with limited mobility due to age, illness, or disability. Classes consist of warm-ups, working the major muscle groups and reducing stress through breathing and meditation.

Analyzing Major League Baseball

Michael Walczak

Bundle Eastern | 9-9:50 a.m. | 40833

A la carte Eastern | 9-9:50 a.m. | 40834

Bundle Western | 11-11:50 a.m. | 40785

A la carte Western | 11-11:50 a.m. | 40786

Bundle Westshore | 2-2:50 p.m. | 40955

A la carte Westshore | 2-2:50 p.m. | 40956

Examine tools employed by general managers and others to evaluate major league performance. Against a backdrop of more than 150 years of play, we'll address such questions as: "Do clutch hitters actually exist?", "Are modern players as good as the old-timers?" and "How can we evaluate managers?" From bunts to zone ratings, from Bill James to Moneyball, come prepared to see the game as you've never seen it before.

Art Appreciation

Martha Lois

Bundle Eastern | Noon – 12:50 p.m. | 40894

A la carte Eastern | Noon – 12:50 p.m. | 40895

What is art? Consider themes, elements and design principles of drawings, paintings, prints, sculpture, fine crafts and architecture.

Art Fitness

Nicole Ledinek

Bundle Westshore | 1-1:50 p.m. | 40949

A la carte Westshore | 1-1:50 p.m. | 40950

Connect with classmates through hands-on art projects that emphasize process, imagination and experimentation. Develop your artistic voice through printmaking, photography, collage and more. No experience required.

Arts and Crafts

Anne M. Stottler

Bundle Eastern | Noon – 12:50 p.m. | 40882

A la carte Eastern | Noon – 12:50 p.m. | 40883

Do a fun and easy art or craft project each week, including personalized notecards, origami lotus blossoms and a simple sewing project. A \$10 supply fee is due to the instructor on the first day.

Backyard Nature Journaling and Writing

Carol Agnew

Bundle Eastern | 9-10:50 a.m. | 40844

A la carte Eastern | 9-10:50 a.m. | 40845

Bundle Westshore | 1-2:50 p.m. | 40951

A la carte Westshore | 1-2:50 p.m. | 40952

A la carte Virtual | 9-9:50 a.m. | 40915

Through simple observation, learn to capture the intricacies of natural habitats as you discover their value and interconnection. All skill levels are invited to experience creativity and scientific discovery right in their own backyard!

Basic Hatha Yoga

Jody Schrock

Bundle Eastern | 11-11:50 a.m. | 40870

A la carte Eastern | 11-11:50 a.m. | 40871

A la carte Virtual | 11-11:50 a.m. | 40959

Join us for classic Hatha yoga integrating body, mind and breath. Yoga can strengthen postural and core muscles, improve flexibility, stretch major muscle groups and aid balance. Classes consist of warm-ups, asanas, breathing and meditation.

Beatles Redone

Ted Smith

Bundle Western | 1-1:50 p.m. | 40811

A la carte Western | 1-1:50 p.m. | 40812

The Beatles remain one of the most influential pop bands of the 20th century. Their entire catalog — from teeny-bopper anthems to sophisticated musical compositions — changed the way music is made and listened to over less than a decade. The list of singers who covered their songs is diverse, featuring everyone from Frank Sinatra to Frank Zappa. Explore what these familiar songs sound like when performed by others.

Beginner Group Piano

Rebecca Unkefer

Bundle Western | 9-9:50 a.m. | 40976

A la carte Western | 9-9:50 a.m. | 40977

Learn to read music and play piano through a guided method that incorporates fun rhythms and songs. This course will have you playing and reading music at the end of the seven-week session.

Required text: *Adult Piano Adventures All-In-One Piano Course Book 1 with Media*

Beginner Line Dancing

Beth Parnin

Bundle Eastern | 1-1:50 p.m. | 40898

A la carte Eastern | 1-1:50 p.m. | 40899

Learn the basics of line dancing and master several easy line dances. Great for the mind and body!

Beginning Aerobics Using Machines

Shad Nye

Bundle Western | 11-11:50 a.m. | 40787

A la carte Western | 11-11:50 a.m. | 40788

An introduction to the use of machines for aerobic conditioning.

Beginning Weight Training

Shad Nye

Bundle Eastern | 1-1:50 p.m. | 40911

A la carte Eastern | 1-1:50 p.m. | 40912

Bundle Western | 9-9:50 a.m. | 40766

A la carte Western | 9-9:50 a.m. | 40767

An introduction to weight machines and starting a weight training program.

Beginning Weight Training Using Free Weights

Shad Nye

Bundle Eastern | 2-2:50 p.m. | 40925

A la carte Eastern | 2-2:50 p.m. | 40926

Bundle Western | 10-10:50 a.m. | 40775

A la carte Western | 10-10:50 a.m. | 40776

An introductory weight training program using dumbbells, kettlebells, barbells and EZ curl bars.

Blogging Through Retirement

Jennifer Otto

Bundle Western | 10-10:50 a.m. | 40771

A la carte Western | 10-10:50 a.m. | 40772

Do you enjoy sharing your stories and experiences with others? Great — that's the only requirement for this class! If you have a passion for writing or want to learn how to write, come learn about blogging. We'll cover the basics, including finding your niche, creating the best blog name and registering a free or paid domain. Get your creative juices flowing and prepare to share your stories with an audience.

Brains, Balance and Never-Grow-Old Fitness

Paul O'Donoghue

Bundle Westshore | 9-9:50 a.m. | 40853

A la carte Westshore | 9-9:50 a.m. | 40854

This course is specifically designed to help older adults improve their balance, flexibility, agility, reaction time and cognition. Your instructor will guide you through a series of fun and challenging exercises that will help you remain fit, vibrant and independent well into your later years.

Buddhist and Hindu Art, Architecture and Iconography

Sumi Srinivason

A la carte Virtual | 9-9:50 a.m. | 1-1:50 p.m.

A survey of Buddhist and Hindu art and more.

Casino Games

Terry Perko

Bundle Eastern | 11-11:50 a.m. | 40996

A la carte Eastern | 11-11:50 a.m. | 40997

Bundle Western | 9-9:50 a.m. | 40998

A la carte Western | 9-9:50 a.m. | 40999

Ever wanted to learn blackjack, roulette, craps or poker? Then this is the class for you! Come relax and stimulate your mind with educational, entertaining and fun-to-learn games. Learn a new game each week. Games require one to six decks of cards (provided).

Chair Exercise

Josephine M. "Katie" Evans

Bundle Eastern | 1-1:50 p.m. | 40906

A la carte Eastern | 1-1:50 p.m. | 40907

A la carte Virtual | 1-1:50 p.m. | 40969

Learn various exercise techniques that can be performed in a chair.

Cinderella and Other Girls Who Lost Their Slippers

Judi Slack

A la carte Virtual | 11-11:50 a.m. | 40964

From Disney to the Brothers Grimm, more than 500 versions of the Cinderella story exist around the world. No one knows the true origin of this famous folktale of good versus evil, but this course will show you the unique twists and turns the story takes throughout different cultures. Just be sure you're home before the clock strikes midnight!

Classical Music in the Romantic Era

Richard Polster

Bundle Eastern | 10-10:50 a.m. | 40852

A la carte Eastern | 10-10:50 a.m. | 40863

Explore how and why classical music evolved from the Classical style to the Romantic. Beethoven led the way, and many great composers followed. We'll look at their music and how they created new sounds and forms that defined this period.

Cleveland Sports: Highlights and Lowlights

Gerry Nemeth

Bundle Eastern | Noon – 12:50 p.m. | 40886

A la carte Eastern | Noon – 12:50 p.m. | 40887

Bundle Western | 9-9:50 a.m. | 40764

A la carte Western | 9-9:50 a.m. | 40765

This course covers the 1948 Cleveland Indians, the 1964 Cleveland Browns, the 1976 Cleveland Cavs and much more. Watch rare videos and meet sports authors and retired Cleveland athletes. Prizes and a few surprises!

Climate Change: What Can We Do?

Kathryn Sasowsky

A la carte Virtual | 1-1:50 p.m. | 40970

We'll discuss natural climate change, how the current changes are different, the causes and effects of global warming and how scientists know it's happening, as well as what we can do to help.

Comparative Political and Economic Systems

Jeff Black

Bundle Western | 11-11:50 a.m. | 40781

A la carte Western | 11-11:50 a.m. | 40782

Compare and contrast the world's major political and economic systems.

Book Discussion

Marcia Petchers

A la carte Virtual | 2-2:50 p.m. | 40754

This student-led literature course actively engages participants in constructive conversation using structured discussion questions. Books are announced a month in advance so students have ample opportunity to get and read them. We'll discuss each book for two weeks, with questions emailed before discussion begins. Students with diverse backgrounds and viewpoints welcome.

Creative Writing: The Novel

LeAnne Miller

Bundle Westshore | 10-10:50 a.m. | 40861

A la carte Westshore | 10-10:50 a.m. | 40862

Share your novel in progress! We'll discuss the writing techniques of new and renowned authors to get you motivated to write regularly. Bring a digital tablet, laptop or notebook for automatic-writing exercises.

Dancers and Choreographers of Stage and Screen

Joy Borland

Bundle Eastern | 1-1:50 p.m. | 40908
A la carte Eastern | 1-1:50 p.m. | 40910

This course covers ballroom dancing; ballet, jazz and country dancing; breakdancing; and the best-known dancers and choreographers of Broadway and film. Dancers are welcome to demonstrate their skills to the class. May be taken along with *Dancing Through History*.

Dancing Through History

Joy Borland

Bundle Eastern | Noon – 12:50 p.m. | 40890
A la carte Eastern | Noon – 12:50 p.m. | 40891

This course covers early ceremonial and folk dances; the two world wars and their effect on the history of dance; the emergence of modern dance; the big band era; rock 'n' roll; and the inevitable jitterbug. We won't dance (unless you really want to!) but we may sing about dancing. May be taken along with the *Dancers and Choreographers of Stage and Screen*.

The Depression and Notable Hollywood Cinema

Mark B. Schwartz

Bundle Eastern | 10-10:50 a.m. | 40864
A la carte Eastern | 10-10:50 a.m. | 40865

Explore the history of the Great Depression and its causes and cultural themes, most notably those represented in Hollywood.

Duke Ellington: His Life and Music

Jerry Jelinek

Bundle Eastern | 9-9:50 a.m. | 40831
A la carte Eastern | 9-9:50 a.m. | 40832

Examine the life and music of one of America's greatest 20th-century composers and bandleaders.

The Early Days of Television: More Than an Idiot Box!

Sol Factor

Bundle Eastern | 11-11:50 a.m. | 40878
A la carte Eastern | 11-11:50 a.m. | 40879

Bundle Western | 1-1:50 p.m. | 40807
A la carte Western | 1-1:50 p.m. | 40808

Explore the origins of television, its impact on radio, and the programs and commercials of the 1940s to 1960s.

Einstein and the Historic Debate No One Remembers

Charlene Mileti

Bundle Eastern | 9-9:50 a.m. | 41002
A la carte Eastern | 9-9:50 a.m. | 41001

A la carte Virtual | 9-9:50 a.m. | 41000

Paris, 1922: Albert Einstein and world-famous philosopher Henri Bergson debate the true nature of time. Einstein maintained that time is a physical experience that is measurable and quantifiable — one of Nature's fundamental, unchanging and stable laws. In contrast, Bergson held that time is always changing and never stable. Real time for Bergson was the lived experience of all life on Earth — a perpetual flow of memories, dreams, inspiration, moments of intuition, mystical visions and moods. This debate rages on today, with both men's views influencing global politics, religion, art, history, economics and ideas about war and peace.

Enneagram: Understanding Yourself and Others

Patrick H. O'Leary

Bundle Western | 1-1:50 p.m. | 40805
A la carte Western | 1-1:50 p.m. | 40806

Bundle Westshore | 10-10:50 a.m. | 40927
A la carte Westshore | 10-10:50 a.m. | 40928

Learn the basics of personality theory and crisis management to develop a vocabulary for self-description to improve communication. Stop making the same interpersonal mistakes and celebrate your true gift. Live more freely!

Epidemic Levels:

How to Prevent or Reverse Prediabetes

Vera M. Bartasavich

A la carte Virtual | 1-1:50 p.m. | 40972

Learn about diabetes/prediabetes and how to manage it through a healthy diet, physical activity, sleep, stress management and other behavioral changes.

The Exciting Experience of Virtual and Augmented Reality

Gary Arnosk

Bundle Westshore | 11-11:50 a.m. | 40937
A la carte Westshore | 11-11:50 a.m. | 40938

Explore the world of mixed reality with high-end virtual reality headsets and the Microsoft augmented reality HoloLens. Learn how the virtual world is changing lives now and in the future.

Exploring Mars

Joseph C. Kolecki

Bundle Eastern | 10-10:50 a.m. | 40850

A la carte Eastern | 10-10:50 a.m. | 40851

Bundle Western | 1-1:50 p.m. | 40801

A la carte Western | 1-1:50 p.m. | 40802

Mars has long been an object of human interest. From the advent of modern astronomy in the 17th century to the space flights of today, Mars has been an object of constant study. This course covers the history of Mars exploration from ancient times to the present, with a focus on 19th- and 20th-century developments.

Famous and Not-So-Famous Folks

Linda Witkowski

Bundle Western | Noon – 12:50 p.m. | 40797

A la carte Western | Noon – 12:50 p.m. | 40798

Come along for a journey through the lives of some fascinating people who make up the fabric of the world's narrative. We'll land on the doorsteps of Florence Nightingale, Rear Admiral Grace Murray Hopper, First Lady Ida McKinley and Coco Chanel, among others. These people were many things, but they were never boring!

Fun With Colored Pencils

Jay Berkowitz

Bundle Eastern | 2-2:50 p.m. | 40921

A la carte Eastern | 2-2:50 p.m. | 40922

Colored pencils are a fun way to make art. We'll start off with shading, followed by simple color mixing. Then we'll experiment with chalk and watercolor pencils.

Fun With Fitness

Beth Parnin

Bundle Eastern | 2-2:50 p.m. | 40913

A la carte Eastern | 2-2:50 p.m. | 40914

A fun and easy fitness class appropriate for all fitness levels.

Fun With Italian

Maureen Huefner

Bundle Eastern | 10-10:50 a.m. | 40866

A la carte Eastern | 10-10:50 a.m. | 40867

Always wanted to learn Italian? Explore the fundamentals of this beautiful romance language, including pronunciation, useful expressions and vocabulary, numbers, colors, geography, food, music, cultural highlights and places of interest. Experience the pure pleasure of learning in a non-threatening environment with no tests or homework!

Gardener's Gazette

*Marilyn A. Hallenborg, Rita Politzer,
Mary Jo Rawlins*

Bundle Eastern | 11-11:50 a.m. | 40872

A la carte Eastern | 11-11:50 a.m. | 40873

Bundle Western | 11-11:50 a.m. | 40783

A la carte Western | 11-11:50 a.m. | 40784

Bundle Westshore | 11-11:50 a.m. | 40941

A la carte Westshore | 11-11:50 a.m. | 40942

Unlock the hidden beauty in your yard. Master Gardeners of Cuyahoga County cover a variety of topics to enhance your gardening knowledge and techniques.

Gray Matter Matters:

Enhancing Our Executive Functioning Skills

Mary Lou Fasko

Bundle Eastern | 2-2:50 p.m. | 40923

A la carte Eastern | 2-2:50 p.m. | 40924

As seniors, our goal is to continue living functional and happy lives — but aging can sometimes interfere. Maintaining good health and maximizing our brain potential can support us on this journey. An essential component of this challenge is enhancing our executive functioning skills — those that reside in the part of our brain that helps us remember, plan, organize, initiate and carry out purposeful activities; exert self-control; and demonstrate emotional regulation.

Hans Christian Andersen: Tales of Wisdom

Wendell Brooker

Bundle Western | 10-10:50 a.m. | 40777

A la carte Western | 10-10:50 a.m. | 40778

Explore the world and work of this 19th-century Danish writer, that most beloved creator of fairy tales who continues to inspire movies, music and more for the young of age and heart.

Highways and Byways III

Dennis Geffert

Bundle Western | Noon – 12:50 p.m. | 40791

A la carte Western | Noon – 12:50 p.m. | 40792

Pack your bags and join us as we continue our studies and exploration of historic and/or interesting travel destinations in the United States and Canada.

Historic Figures in Psychology

Charles Banevich

Bundle Western | 11-11:50 a.m. | 40779

A la carte Western | 11-11:50 a.m. | 40780

Discover the theoretical contributions of some of the most significant individuals in the field of psychology including Freud, Adler, Jung, Binet, Pavlov, Skinner, Maslow, Rorschach and others.

History of Christianity:

Embraced by Constantine and Rome

Ted Smith

A la carte Virtual | 9-9:50 a.m. | 40916

Christianity went from persecuted minority to official religion of the Roman Empire in less than 300 years. At the same time, Christian leaders struggled with logistics, politics and formulating a unified theology. A continuation of the *Origins and the First 300 Years* course, though it's not a prerequisite.

History of Cleveland Sports:

Browns, Guardians and Cavaliers

Douglas Imhoff

Bundle Eastern | 10-10:50 a.m. | 40848

A la carte Eastern | 10-10:50 a.m. | 40849

Bundle Westshore | 1-1:50 p.m. | 40947

A la carte Westshore | 1-1:50 p.m. | 40948

Explore the history of Cleveland's professional sports teams, including Jesse Owens, Bob Feller, Jim Brown, LeBron James and Bernie Kosar.

The History of Flight

Dennis Geffert

Bundle Western | 11-11:50 a.m. | 40779

A la carte Western | 11-11:50 a.m. | 40780

Learn about the men, women and machines that took to the skies and changed the world forever. Flying pioneers, daring explorers and winged warriors!

History of Mass Media

Norm Weber

A la carte Virtual | 1-1:50 p.m. | 40971

This course covers the evolution of mass communication — from smoke signals and Egyptian cuneiform to early newspapers, pictures, film and TV to cable, the internet and social media.

History of Ohio Government

Herbert A. Burns

Bundle Eastern | 1-1:50 p.m. | 40902

A la carte Eastern | 1-1:50 p.m. | 40903

This course familiarizes students with the Ohio legislative government, how it shaped the lives of Black residents in the 19th century and how white citizens joined forces with African Americans to oppose racial discriminatory laws. Examine rare historical documents, maps of Ohio's underground railroads, news articles, legal cases, speeches and diaries.

History of the U.S. Constitution

Avery Fromet

Bundle Eastern | 11-11:50 a.m. | 40868

A la carte Eastern | 11-11:50 a.m. | 40869

The U.S. Constitution is the oldest governmental document still in use today. It's only been amended 27 times in 230+ years. Discover how the document came into existence and explore the fascinating history of some of its amendments.

If the Shoe Fits, Wear It!

Judi Slack

Bundle Westshore | 11-11:50 a.m. | 40939

A la carte Westshore | 11-11:50 a.m. | 40940

From the surprisingly sexy boots hiding under Victorian crinolines to the glittering T-strap heels worn by flappers dancing the Charleston, a woman's shoe choice has long been far more than a mundane practicality. A shoe can be a statement of wealth, style or sexuality — often all three at once. Take a fascinating journey from the 17th century to the 21st century, examining the moral, cultural and social aspects of fashionable footwear.

It's Not What You Think:

A Citizen's Guide to Policing in America

Walter S. Topp

Bundle Westshore | Noon – 12:50 p.m. | 40945

A la carte Westshore | Noon – 12:50 p.m. | 40946

Despite a near-constant diet of cop shows, movies, books and breathless crime coverage across the media, few Americans understand the way police departments work and why. Explore the history of American police departments and their organization, administration and operations while examining current efforts at police reform.

Laugh, Cry and Pray

Elizabeth Bird

Bundle Westshore | 9-9:50 a.m. | 40823

A la carte Westshore | 9-9:50 a.m. | 40824

An opportunity for women to come together and look at the challenges of life, facing our giants from a biblical perspective.

Let's Go Into the Wayback Machine

Gerry Nemeth

Bundle Westshore | 2-2:50 p.m. | 40980

A la carte Westshore | 2-2:50 p.m. | 40981

Let's look at a few area establishments that exist only in our memories: Euclid Beach Park, Chippewa Lake Park, the Richfield Coliseum, the Front Row Theater and more. Share stories and view rare video. Prizes and a few surprises!

Let's Talk Food

Elizabeth Bird

Bundle Westshore | 11-11:50 a.m. | 40933

A la carte Westshore | 11-11:50 a.m. | 40934

Having gone to culinary school and worked as an executive chef, I know how to help you make food at home that's as good as (and sometimes even better than) eating out. You'll even get a peek at what happens behind the scenes in a restaurant!

Make Your Own Animations and Video Games

Sarah Kepple

Bundle Westshore | 1-1:50 p.m. | 40982

A la carte Westshore | 1-1:50 p.m. | 40983

Learn how to make animations and video games for yourself or your grandkids. Never coded before? No problem! We'll start with the basics, then level up each session using a free online coding tool called Scratch.

Make Your Own Website or Blog

Sarah Kepple

Bundle Westshore | Noon – 12:50 p.m. | 40984

A la carte Westshore | Noon – 12:50 p.m. | 40985

Learn how to make your own website or blog — no coding skills required! We'll explore templates and explain how to customize your site. Bring your email address and password to create a free WordPress account.

Meditation

Josephine M. "Katie" Evans

A la carte Virtual | 11-11:50 a.m. | 40960

Classes incorporate deep breathing techniques, mindfulness and focus with soft music.

Meditation and Mudras

Jody Schrock

Bundle Eastern | Noon – 12:50 p.m. | 40888

A la carte Eastern | Noon – 12:50 p.m. | 40889

Perform simple warm-ups, various types of breathing, mudras (using hands to work with the body's energy flow) and a relaxation process leading into meditation. Can be done in a chair or on a mat on the floor.

More Than Just a Snapshot

Judith Khaner

A la carte Virtual | 11-11:50 a.m. | 40919

Learn ways to evaluate and improve your photographs to make them more meaningful to you and your friends and family.

Music Appreciation

Elizabeth Bird

Bundle Westshore | 10-10:50 a.m. | 40859

A la carte Westshore | 10-10:50 a.m. | 40860

Explore major composers and their works from the Baroque, Classical, Romantic and 20th-century periods.

The Nature of Fear II

Ted Smith

Bundle Western | 2-2:50 p.m. | 40987

A la carte Western | 2-2:50 p.m. | 40986

Bundle Westshore | 11-11:50 a.m. | 40988

A la carte Westshore | 11-11:50 a.m. | 40989

We all have fears, but what can we do about them? Examine how fear arises within us and how to face it — or even overcome it. Part I is not a prerequisite.

The Nature of Suffering

Ted Smith

A la carte Virtual | 11-11:50 a.m. | 40961

Why do we suffer? Is there a point to it? Philosophers and spiritualists have suggested answers that seem untenable, as few can follow the solutions. Perhaps humanity likes to suffer? Job appears to challenge God on the subject, experiencing hell on Earth without losing his faith. The journey takes him to the depths of his consciousness, confronting and finally reconciling the rejected aspects of his soul.

Ohio Archaeology

Eric Olson

Bundle Western | Noon – 12:50 p.m. | 40795

A la carte Western | Noon – 12:50 p.m. | 40796

A la carte Virtual | 11-11:50 a.m. | 40958

Learn about the various archaeological cultures and peoples of Ohio from first human colonization of the continent to the 17th century.

Old Time Radio: Crime Shows

Jay Berkowitz

Bundle Eastern | 1-1:50 p.m. | 40904

A la carte Eastern | 1-1:50 p.m. | 40905

Remember how much fun it was to listen to crime shows on the radio? We'll start with *The Shadow* and *The Whistler*, ending with *The Green Hornet*.

One-Hit Wonders of the 50s, 60s and 70s

Joel Keller

Bundle Westshore | 9-9:50 a.m. | 40857

A la carte Westshore | 9-9:50 a.m. | 40858

One-hit wonders are songs that broke through to the Top 40 when no other song by that artist or group managed to do so. Amazingly enough, most one-hit wonders of the 50s, 60s and 70s are very familiar. We'll listen to songs and discuss the musicians behind them.

Personalized Healthy Eating Strategies

Paul O'Donoghue

Bundle Westshore | 10-10:50 a.m. | 40929

A la carte Westshore | 10-10:50 a.m. | 40930

There are many diets to choose from, but most require a lifestyle change that is restrictive and difficult to maintain. Examine your current eating habits and develop a personalized strategy that will allow you to change the way you eat while still enjoying the foods you love.

Qi Gong

Ted Smith

Bundle Westshore | 10-10:50 a.m. | 40931

A la carte Westshore | 10-10:50 a.m. | 40932

Simple movements tailored to individual body type and condition, developed to stimulate our natural ability to heal body, mind and spirit. Enjoy increased energy, flexibility and smooth muscle tone without wear and tear on the joints.

Quirky Composers and Their Music

Barbara Perkins

Bundle Eastern | Noon – 12:50 p.m. | 40884

A la carte Eastern | Noon – 12:50 p.m. | 40885

Bundle Western | 9-9:50 a.m. | 40755

A la carte Western | 9-9:50 a.m. | 40756

Throughout time, people have explored traditional norms and decided to forge a different path for themselves. This is particularly true of people who make their living in the creative arts. In music, every era has had its standards that composers were expected to follow — but a few of them chose a different direction. Meet some of these people, learn about their unusual lives and discover how their attitudes influenced their music.

Reimagining the Sacred in a Scientific Age

Wendell Brooker

Bundle Western | 11-11:50 a.m. | 40789

A la carte Western | 11-11:50 a.m. | 40790

Both religion and science exist as products of wonder. How is it, then, that they have become such enemies? Let's explore religious and scientific thinkers recreating the sacred together.

Remembering the Overlooked But Not Forgotten

Judi Slack

A la carte Virtual | 9-9:50 a.m. | 40918

This course looks at remarkable women whose deaths were overlooked by *New York Times* editors. Why didn't they get obituaries? For some, their mark on the world wasn't recognized until decades after their deaths. Others faded into obscurity, their achievements forgotten. We'll attempt to right those wrongs by featuring women of prominence who never got an obituary in the *Times*.

Retirement Planning Strategies

Keith Witkowski

Bundle Eastern | 9-9:50 a.m. | 40837

A la carte Eastern | 9-9:50 a.m. | 40838

A la carte Virtual | 9-9:50 a.m. | 40917

Learn how to build wealth and align your financial affairs with your values to accomplish your life goals. Classes will cover life planning for retirement, retirement needs and expenses, common roadblocks and mistakes, income sources, retirement plan distributions, investments, risk management and asset protection, Social Security and Medicare, and estate planning.

The Roadmap to Your Future

Heather Lopez

Bundle Western | Noon – 12:50 p.m. | 40793

A la carte Western | Noon – 12:50 p.m. | 40794

Bundle Westshore | 2-2:50 p.m. | 40953

A la carte Westshore | 2-2:50 p.m. | 40954

Learn how to simplify the search for senior living, protect your assets, navigate end-of-life planning and much more with weekly guest speakers. These conversations may be uncomfortable, but they are absolutely necessary.

Road-Tripping Through Ohio

Milenko Budimir

Bundle Western | 1-1:50 p.m. | 40803

A la carte Western | 1-1:50 p.m. | 40804

How well do you know Ohio? The 219-year-old state is a lively mix of cultures, traditions and history. There's no better way to discover Ohio than by hitting the open road! We'll look at some of the most interesting places to visit in Ohio, providing itineraries and travel tips to help you get the most out of exploring the state's rich history and natural beauty.

Rock Music of the 1970s

Frank Thomas

Bundle Eastern | 1-1:50 p.m. | 40900

A la carte Eastern | 1-1:50 p.m. | 40901

Bundle Western | 10-10:50 a.m. | 40770

A la carte Western | 10-10:50 a.m. | 40762

Explore the different genres of 1970s rock music, including glam, country, arena, stadium, punk and disco. Be sure to wear your bell bottoms and mood rings!

Russia and Ukraine: Origins of the Soviet Era

James Pawlik

Bundle Western | 2-2:50 p.m. | 40815

A la carte Western | 2-2:50 p.m. | 40816

Why does the Russian state behave so aggressively? What's the origin of the current bloody conflict in Ukraine? We'll explore Russia's difficult early history and its turbulent relationship with Ukraine and the world, from the founding of Kievan Rus in the 9th century to the advent of the Soviet Union in the 1920s.

Science Fiction: The Major Figures

Michael Bohnert

Bundle Westshore | 1-1:50 p.m. | 40990

A la carte Westshore | 1-1:50 p.m. | 40991

Examine some of sci-fi's central figures, including Robert A. Heinlein, Isaac Asimov, Jack Williamson, Theodore Sturgeon, Philip K. Dick, Ray Bradbury, Arthur C. Clarke and more.

Singer-Songwriters of the 1970s

Frank Thomas

Bundle Eastern | Noon – 12:50 p.m. | 40896

A la carte Eastern | Noon – 12:50 p.m. | 40897

Bundle Western | 9-9:50 a.m. | 40761

A la carte Western | 9-9:50 a.m. | 40763

From the introspective sounds of Carole King and James Taylor to the flamboyance of Elton John, we'll examine some of the 1970s musicians who had something to say.

The Slave Bible



Herbert A. Burns

Bundle Eastern | 2-2:50 p.m. | 40978

A la carte Eastern | 2-2:50 p.m. | 40979

Learn the history of the Slave Bible and the purpose behind its publication. Recommended texts: King James Bible (1611 only); *Report of the Incorporated Society for the Religious Instruction and Education of the Negro Slaves in the British West India Islands*.

Social Media 101

Sarah Kepple

Bundle Westshore | 11-11:50 a.m. | 40992

A la carte Westshore | 11-11:50 a.m. | 40993

Friends, kids or grandkids bugging you to get on social media? Heard of Facebook, Twitter, Instagram and TikTok, but not sure how to get started? We'll explore each platform, and if you decide to dive in, we'll get you set up with your own accounts.

Speaker Series: Explore, Enrich, Engage

Betty Zak

Bundle Eastern | 10-10:50 a.m. | 40842

A la carte Eastern | 10-10:50 a.m. | 40843

Bundle Western | 10-10:50 a.m. | 40768

A la carte Western | 10-10:50 a.m. | 40769

Expand and enrich your existing knowledge of a topic with a different speaker each week. Previous presentations have included *What the FBI Really Does* and *Diplomats in the World of Politics*.

Stress: Your Secret Weapon

Pat Stropko-O'Leary

Bundle Westshore | 11-11:50 a.m. | 40935

A la carte Westshore | 11-11:50 a.m. | 40936

The global pandemic put seniors at high risk. How did you survive? We'll examine our responses to the events of the last few years, look at the ways we coped and provide practices to lessen the effects on our hearts, minds and bodies. Make stress work for you!

The Symphonies of Beethoven

Richard Polster

Bundle Eastern | 9-9:50 a.m. | 40835

A la carte Eastern | 9-9:50 a.m. | 40836

Beethoven composed nine symphonies that broke all the rules. See how he revolutionized the classical concept of symphonic composition through his approach to form, rhythm, melody, drama and expression.

Tai Chi for Balance

Martha Lois

Bundle Eastern | 11-11:50 a.m. | 40876

A la carte Eastern | 11-11:50 a.m. | 40877

Bundle Western | 2-2:50 p.m. | 40817

A la carte Western | 2-2:50 p.m. | 40818

This mind, body and spirit exercise consists of a series of slow movements that combine into what is known as the "form." Tai chi and abdominal breathing both relax and energize the practitioner.

Talking TED

Susan Ungham

Bundle Western | 2-2:50 p.m. | 40821

A la carte Western | 2-2:50 p.m. | 40822

Join us for intriguing discussions! We'll view a different TED Talk in each class and break into smaller groups to discuss it. If you've been wanting to contribute and get to know your classmates better, then this is the course for you.

A Taxpayer's Guide to the U.S. Military

Walter S. Topp

A la carte Virtual | 11-11:50 a.m. | 40962

U.S. military spending reached \$800 billion in 2021. That's 38% of the worldwide total! Where is this money going, and what are we getting for it? Examine the past, present and future of the U.S. military services and the U.S. Department of Defense, with a focus on the military capabilities needed to carry out the country's national security strategy.

Tea 101: The Many Colors of Tea

Judi Slack

Bundle Westshore | 9-9:50 a.m. | 40825

A la carte Westshore | 9-9:50 a.m. | 40826

Finding yourself lost in the wide world of tea? You're not alone! Millions of tea drinkers find it difficult to navigate the basics. From choosing among the six different types of tea to executing conflicting brewing techniques, it can be overwhelming for new tea drinkers. Discover everything you need to know to become a true "Tea Head." A perfect introduction to the vast world of tea, from plant to cup. Tasting included!

They Broke the Glass Ceiling:

Women in Music and Art

Betty Zak

Bundle Western | 9-9:50 a.m. | 40757

A la carte Western | 9-9:50 a.m. | 40758

Delve into the art and music of several notable women who "broke the glass ceiling" throughout history. Some were musicians and artists in their own right; some even rivaled the masters.

Traditional Chinese Medicine

Ted Smith

Bundle Westshore | 9-9:50 a.m. | 40855

A la carte Westshore | 9-9:50 a.m. | 40856

How and why does acupuncture work? Discuss the nature of qi (chi) and its role in wellness, how cultural differences impacted the practice of Eastern and Western medicine, and why exercises like tai chi are considered medicine in China. New material includes Western research on the relationship between emotional and physical health reflective of Chinese practices and the brain's role in health and wellness.

Unamerican Influences in the United States (1880-1960)

Mark B. Schwartz

Bundle Eastern | 11-11:50 a.m. | 40874

A la carte Eastern | 11-11:50 a.m. | 40875

A history of U.S. cultural influences from immigration, the labor movement, and Congress and court decisions in a changing world.

Virtual Art Hop

Nicole Ledinek

A la carte Virtual | 1-1:50 p.m. | 40973

This course is for the curious art appreciator looking to experience a variety of regional spaces where practicing artists work and where their artwork lives. Each week, we'll examine Northeast Ohio galleries, studios, exhibition spaces and museums, examining their mission and vision statements, visitor experience recommendations and interpretive programming.

A Virtual Tour of Interesting Places in India

Sumi Srinivason

A la carte Virtual | 11-11:50 a.m. | 40920

Explore a variety of places (and people) of historic and modern significance that will pique your curiosity as a tourist.

We Built This City: How Transportation, Immigration, Industrialization and Politics Came Together to Build Modern Cleveland (1796-1929)

Walter S. Topp

Bundle Westshore | 10-10:50 a.m. | 40994

A la carte Westshore | 10-10:50 a.m. | 40995

In 1929, Clevelanders celebrated the grand opening of the spectacular Union Terminal complex — a massive mixed-use grouping that still anchors the city's downtown district. On the eve of the Great Depression, the nation's sixth-largest city was a world-class manufacturing, finance and cultural center. Enjoy a glimpse of the city at its height, examining the various threads that came together to build modern Cleveland.

What to Read Next Book Club

Susan Ungham

Bundle Western | 1-1:50 p.m. | 40809

A la carte Western | 1-1:50 p.m. | 40810

Come gather recommendations for your reading list! One of the best ways to find good books is to ask your friends. This book discussion group has a twist: There are no assigned books. Instead, participants are encouraged to share their favorite reads. We'll cover a different genre (mystery, romance, historical fiction, fantasy, science fiction, horror and nonfiction) each week.

What's Your Philosophy on Life?

Milenko Budimir

Bundle Western | 2-2:50 p.m. | 40820

A la carte Western | 2-2:50 p.m. | 40819

Join us as we explore the wide range of philosophies on life, from ancient religions and philosophies to views shaped by the modern world. We'll have a chance to compare our own philosophies against the backdrop of these traditions, discovering areas of overlap as well as new insights for a rapidly changing world.

Why Is Democracy So Fragile?

Charlene Mileti

Bundle Eastern | 10-10:50 a.m. | 40846

A la carte Eastern | 10-10:50 a.m. | 40847

A la carte Virtual | 11-11:50 a.m. | 40957

Examine the historical issues, problems and influences that perpetually threaten democratic republics. Common themes include factionalism, rich versus poor, religious conflicts, greed, corruption, materialism, anti-intellectualism, racial and gender stereotypes, and propaganda versus truth. Today, the United States of America is itself rendered weaker due to many of these same influences. Join us for a historical overview and an analysis of some unique contemporary influences.

A Woman's Place: The Trailblazing Women Who Changed the World From Their Kitchens

Judi Slack

Bundle Westshore | Noon – 12:50 p.m. | 40943

A la carte Westshore | Noon – 12:50 p.m. | 40944

This course sets the record straight by sharing stories of rebel women who used the transformative power of food to break barriers and fight for a better world. These women were not all sugar and spice — they were full of fire! These innovators, instigators and inventors made contributions to science, technology, culture and politics that reached far beyond the kitchen table.

Neighborhood Scholars

Want to add to your campus experience? The Neighborhood Scholars program offers one-time or short series courses at locations throughout greater Cleveland and virtually.*

View all Neighborhood Scholars courses at tri-c.edu/neighborhoodscholars or call 216-987-2274 for more information.

**Dates and times subject to change.*

All Neighborhood Scholars participants must register in advance. View page 28 for online registration instructions.

PARTNERSHIPS

Questions: Fran Tomba | 216-987-2333 | frances.tomba@tri-c.edu

CanalWay Tours

Cleveland Metroparks CanalWay Center
4524 E. 49th St., Cuyahoga Heights 44125

See the splendor the season brings to the Ohio and Erie Canal Reservation via fully enclosed cart. Your guide will discuss the natural and cultural history of the park, including the Ohio and Erie Canal, the Cuyahoga River and flora and fauna along the way. Tours take place rain or shine. Cart holds 10 passengers and includes space for one wheelchair.

Monday, Sept. 26	10-11:30 a.m.	\$20 CRN 40750
	1-2:30 p.m.	\$20 CRN 40751
Monday, Oct. 3	10-11:30 a.m.	\$20 CRN 40752
	1-2:30 p.m.	\$20 CRN 40753

Building Cleveland's Collection: From the Museum's Beginnings to The Keithley Collection

This course offers a critical look at how benefactors have helped shape the collection housed at the Cleveland Museum of Art. Gain an understanding of how museum collections are built and how collecting patterns and priorities have changed over time.

The course also includes a session on The Keithley Collection, an exhibition celebrating 100 Impressionist and Modernist works gifted to the museum by Clevelanders Joseph P. and Nancy F. Keithley.

\$79 | CRN 41009

Mondays, 10-11 a.m., Sept. 26 – Oct. 31
Virtual (Zoom)

\$79 | CRN 41010

Thursdays, 11 a.m. – noon, Sept. 29 – Nov. 3
On-site (Cleveland Museum of Art)
11150 East Blvd., Cleveland 44106

PLACES OF WORSHIP

Explore the beauty and history of Greater Cleveland’s places of worship.

Questions: Nancy Farinacci | 216-987-4087 | nancy.farinacci@tri-c.edu

Islamic Center Tour and Cultural Presentation

\$14 | CRN 41062

Thursday, Sept. 15 | 10 a.m. – noon

6055 W. 130th St., Parma 44130

Join us as we return to the Islamic Center — a place of worship for all Muslims. Brother Isam will be conducting our tour and presentation on the religious beliefs followed by Sister Ameena sharing the cultural traditions.

Annunciation Greek Orthodox Church

\$14 | CRN 41063

Wednesday, Sept. 28 | 1-2:30 p.m.

2187 West 14th St., Cleveland 44113

The first Greek Orthodox church in Cleveland, its first service was held in 1919 and the members comprised the largest Greek community in Ohio. The golden domes of the church are Tremont's most visible landmark — a reminder that Tremont is still a hub of spiritual and architectural splendors.

St. Colman’s Catholic Church – God’s Jewel Box

\$14 | CRN 41064

Thursday, Oct. 13 | 10:30 a.m. – noon

2027 W. 65th Street, Cleveland 44102

Built in 1914 to serve the Irish population, this church is topped by 130-foot bell towers, which can be seen from miles away on the near west side. A unique color palette and motif, with rich jewel tones of turquoise, coral and gold adorn the walls and ceilings, and the inset of faceted glass gems truly is worthy of being called "God's Jewel Box."

St. Stephen Catholic Church

\$14 | CRN 41065

Thursday, Oct. 13 | 1:30 – 3 p.m.

1930 W. 54th St., Cleveland 44102

St. Stephen Church, one of the oldest and most beautiful catholic churches in Cleveland, was established in 1869 and quickly became the largest German-speaking parish in the diocese. The Gothic Revival church is best known for its intricate wood carvings, most made in Munich before 1892. The altar, also made in Germany, won a prize at the Chicago World's Fair of 1893. The church was added to the National Register of Historic Places in 1977.

The Temple-Tifereth Israel

\$14 | CRN 41066

Wednesday, Oct. 26 | 10 a.m. – noon

Jack and Lilyan Mandel Building,
26000 Shaker Blvd., Beachwood 44122

We are very excited to offer not only this tour of Temple-Tifereth Israel, which is identified with its ownership of the Maltz Performing Arts Center and by its magnificent gold global structures, but also the special exhibit of **Andy Warhol's 10 silkscreen portraits: Ten Portraits of Jews of the 20th Century.**

Shrine Church of St. Stanislaus

\$14 | CRN 41067

Thursday, Nov. 17 | 1-2:30 p.m.

3649 E. 65th St., Cleveland 44105

As we tour this magnificent church, we will learn about the devastating tornado that destroyed most of it in 1901, the story behind the murder and coverup of the parish pastor and how this majestic church was rebuilt into the shrine it is today. St. Stanislaus is the first church in the U.S. where the Pope celebrated mass in 1969.

CLEVELAND'S JEWELS

You never knew they existed ... or maybe you did! Join us as we experience Cleveland's hidden jewels.

Questions: Nancy Farinacci | 216-987-4087 | nancy.farinacci@tri-c.edu

Lake View Cemetery

\$24 | CRN 41068

Monday, Sept. 12 | 10 a.m. – noon

12316 Euclid Ave., Cleveland 44106

Take a stroll through Lake View Cemetery, learning about the many gravesites of historical, iconic figures, including the residents of Millionaires' Row and the history of many other landmark gravesites.

Cleveland Public Library Chess and Checkers Collection

\$14 | CRN 41069

Wednesday, Sept. 21 | 10:30 a.m. – 12:30 p.m.

325 Superior Ave., Cleveland 44114

The John G. White Collection is the world's largest and most comprehensive private collection of printed material on chess. This collection houses one-of-a-kind chess sets, and unique manuscripts and scorecards from chess greats like Bobby Fischer. Researchers and specialists from all over the world have come to view this collection.

Limited seating available.

Deep Roots Experience

\$14 | CRN 41071

Thursday, Oct. 6 | 11 a.m. – noon

7901 Central Ave., Cleveland 44104

Deep Roots Experience is a full-time art gallery in Cleveland's historic Fairfax neighborhood, less than a mile from Karamu House, the home of Langston Hughes, and many other prominent Black landmarks in the art community. Gallery exhibits have included *Generations*, artwork from artists and their families, as well as *Remix*, artists reimagining album cover art of Black and Brown musicians.

Cleveland Public Library Schweinfurth Collection: Rare Architectural Publications

\$14 | CRN 41072

Wednesday, Oct. 19 | 10:30 a.m. – 12:30 p.m.

325 Superior Ave., Cleveland 44114

Join us for a presentation and discussion of the Special Collection of Cleveland's premier architect of the late 19th Century, Charles Schweinfurth. Known for his first design of the mansion for financier Sylvester Everett, he continued his exquisite work, including 15 Millionaires' Row mansions as well as churches, buildings, bridges and so much more in Cleveland.

Limited seating available.

Dittrick Museum of Medical History Percy Skuy Collection and Gallery

\$14 | CRN 41073

Wednesday, Nov. 2 | 11 a.m. – 12:30 p.m.

11000 Euclid Ave., Cleveland 44106

The Dittrick Medical Museum is home to one of the nation's most comprehensive collections of surgical instruments and medical equipment. This tour will focus on the Percy Skuy Collection and Gallery, featuring a wide range of contraception items, prototypes and manufacturing devices, with over 1,100 artifacts, dating to the early 1930s.

CRIME SERIES

Obsessed with all things crime? You're in the right place to learn all about women and crime and serial killers.

Questions: 216-987-2274 | encore@tri-c.edu

Women and Crime

\$30 | CRN 41056

Mondays, 10-11 a.m., Sept. 19 – Oct. 3

Virtual (WebEx)

Women and Crime Part II

\$30 | CRN 41058

Mondays, 10-11 a.m., Oct. 10-24

Virtual (WebEx)

Let's discuss females who have been victims of crime, those who have committed and/or been convicted of crimes, and those who work in the criminal justice system. We'll also look at the causes of female crime and victimization and consider how women are treated within the system. A new story will be covered each week.

True Crime All the Time: Serial Killers

\$30 | CRN 41060

Wednesdays, 10-11 a.m., Sept. 21 – Oct. 5

Virtual (WebEx)

True Crime All the Time: Serial Killers Part II

\$30 | CRN 41061

Wednesdays, 10-11 a.m., Oct. 12-26

Virtual (WebEx)

Have a true-crime-shaped hole in your life that no amount of radio segments, podcasts or documentaries can fill? You're in the right place! Learn all about serial killers, including identification, descriptions, motives, theories and typologies, and examine the life and crimes of notorious serial killers from the United States and beyond.

Fall 2022 Instructors and Advisory Team

We are fortunate to have outstanding instructors associated with our 55+ Learning programs. If you are interested in becoming an instructor or know of someone who might be, please call 216-987-2274 or visit tri-c.edu/encore.

Carol Agnew, B.A., Environmental Studies	Maureen Huefner, Italian instructor, Mayfield City Schools	Kathryn Sasowsky, M.S., Geology
Gary Anderson, B.S., MAT	Douglas Imhoff, CPA, MBA	Jody Schrock, BFA; Anahat yoga certificate
Gary Arnosk	Jerry Jelinek, B.S., Business	Mark B. Schwartz, B.A., M.A., J.D.
Charles Banevich, M.Ed. and M.A., Psychology	Joel Keller, BSc., DPM	Judi Slack, B.A., M.A., M.Ed.
Vera M. Bartasavich, M.Ed., NDTR, MCHES	Judith Khaner, M.Ed.	Ted Smith, B.A.
Jay Berkowitz, M.Ed.	Joseph C Kolecki, NASA physicist (retired)	Sumi Srinivasan, M.A., Philosophy; M.A., Religion; M.A., Journalism and Communication; Ph.D., Sociology
Elizabeth Bird, AAS, Culinary Arts; studied music at Cairn University	Nicole Ledinek, BAE, M.S.Ed.	Anne M. Stottler, B.S., Art Education
Jeff Black, B.S., M. Ed., MMA	Martha Lois, B.A. and MFA, Ceramics	Pat Stropko-O'Leary, B.S., MBA, RN
Michael Bohnert, English instructor, Lorain County Community College	Heather Lopez	Deborah Stylinski, AAS, Deaf Interpretive Services
Joy Borland, M.A., Media	Jenneffer Lopez, Ed.D.	Frank Thomas, MBA
Wendell Brooker, B.A., M.Div., D.Min.	Charlene Mileti, BFA, M.A., J.D.	Walter S. Topp, MPA
Leigh Brooklyn, BFA Biomedical Illustration; professional figurative artist	LeAnne Miller, BSJ	Susan Ungham, MLS
Milenko Budimir, BSEE; M.A., Philosophy	Gerry Nemeth, BSEET	Rebecca Unkefer, B.A., Piano Pedagogy and Music Industry
Herbert A. Burns, Former adult education teacher; current president, Warrensville Hts. Library Branch Friends	Shad Nye, M.Ed., Exercise Science	Michael Walczak, B.A., M.Ed., J.D.; contributor to Bill James Major League Baseball Project Scoresheet; advisor to Society for American Baseball Research Administration
Josephine M. "Katie" Evans, M.Ed., Clinical Mental Health Counseling	Paul O'Donoghue, Certified personal trainer and health coach	Norm Weber, M.A., Communications; MBA
Sol Factor, B.A., MAT	Patrick H. O'Leary, M.S., M.Div	Bob Wido, Lt. Col. (U.S. Air Force, retired); M.Div; D.Min., Theological Studies
Mary Lou Fasko, M.S., School Psychology	Eric Olson, Anthropology/archaeology professor	Keith Witkowski, CPA, CFP
Avery Fromet, J.D.	Jennifer Otto	Linda Witkowski, M.A.
Dennis Geffert, B.A., M.A.	Beth Parmin, B.S.	Betty Zak, B.S., M.A.
Marilyn A. Hallenburg, B.A., Early Childhood Education and Development	James Pawlik, B.A., Political Science; M.A., American Legal/Constitutional History; J.D.	
Thomas Hartshorne, Ph.D.	Barbara Perkins, M.M.	
	Marcia Petchers, M.Ed., Ph.D.	
	Richard Polster, MBA	

Advisory Team

The Encore Program is wonderful because of participants like you! The advisory team meets two or three times a year to discuss improving the Encore program and attends promotional events throughout the area on a volunteer basis. Interested in joining? Contact us at encore@tri-c.edu or 216-987-2274.

Would you like to teach in the Encore program?

Contact us at encore@tri-c.edu or 216-987-2274.

Eastern Campus

Bob Berkowitz	Mary Garapic	Kevin Prewitt
Sandy Berkowitz	Juanita Ingram	Diane Schmenk
Alicia Ciliberto	Mary McClellan	Anne Stottler
Paulette Colarochio	Lois Millman	Christine Ticknor
	Phil Piccus	

Western Campus

Sharon Gettig	Karen Jones	Ralph Lenz
Gail Hansen	Terri Kroboth	

How to Register Online

No lines. No waiting. Just click, pay and enjoy!

Step 1: Do you have a Tri-C student number (S-Number)?

- **Yes, and I got it within the past year:** Proceed to Step 2.
- **Yes, but I got it more than a year ago:** Complete the online noncredit registration form to update your profile and activate your S-Number before registering. Visit tri-c.edu/NCRRegistration.
- **No:** Complete the online noncredit registration form to receive your S-Number (it will appear onscreen once submitted). Visit tri-c.edu/NCRRegistration.

Step 2: Do you have a Tri-C password?

- **Yes:** Proceed to Step 3.
- **Yes, but I don't remember it:**
 - Go to *my Tri-C space* (my.tri-c.edu).
 - Click "Forgot Your Password?" and follow the prompts.
 - Log in to confirm your new password.
- **No:**
 - Go to *my Tri-C space* (my.tri-c.edu).
 - Click "Change Your Password" and follow the prompts.
 - (Note: Your "old" password is your DOB in MM/DD/YYYY format.)
 - Create a new password, then log in to confirm.

Step 3: Let's Get Registered!*

Before you begin: Make sure you have your course selections, S-Number and password ready. You'll need the CRN and course title for each course.

Paying by check? Complete Steps 1 and 2, then visit a campus Enrollment Center to register and pay.

Paying by credit card? Follow the instructions below. *Please note: There is a 2.25% service fee for credit card payments.**

Encore Campus Fridays Bundle Option (\$99 for up to 6 classes):

- Go to tri-c.edu/encore.
- Choose desired location.
- Click the Bundle button.
- Click "Add to cart" on the bundle page.
- Select your desired courses.
- Click "Continue" at the bottom of the screen. **If you are finished registering, continue to checkout. If you would like to add more courses/bundles, view additional instructions on the next page.**
- Sign in to your account using your S-Number and password.
- Choose "Credit card" as your payment method.
- Enter card information.*
- Click "Submit," then wait for the confirmation screen. You'll receive an email once your registration and payment are processed.
- A welcome email with class logistics will be sent 2-3 business days before the course start date.

Individual Course Registration (Encore Campus Fridays, Encore On-the-Go and Neighborhood Scholars):

- Go to tri-c.edu/encore.
- Choose individual course category.
- Click on the title of your desired course.
- Select the course section in the gray box and click “Add to Cart.”
- Click “Continue” at the bottom of the screen.
- Sign in to your account using your S-Number and password.
- Choose “Credit card” as your payment method.
- Enter card information.*
- Click “Submit,” then wait for the confirmation screen. You’ll receive an email once your registration and payment are processed.
- A welcome email with class logistics will be sent 2-3 business days before the course start date.

How to Register In Person

You may register in person and pay by check or money order at any campus Enrollment Center. *Be sure to complete Steps 1 and 2 above before visiting the Enrollment Center.*

See tri-c.edu/enrollment-center for hours and locations.

***Important Payment Information**

Effective July 15, 2014, a 2.25% service fee will apply to all payments made by credit card for Cuyahoga Community College credit and noncredit tuition, fees and other student account charges.

Course Withdrawal and Refund Policies

No refunds will be granted outside of the following timetable. Withdrawal requests can be submitted by email, phone, mail or fax. A refund check will be mailed to you within six weeks.

Last day for 100% refund	Last day for 90% refund	No refund
Five business days prior to course start date	On or after five (but prior to three) business days before course start date	On or after three business days prior to course start date

View/Print Your Course Schedule

A schedule will be emailed to you upon registering online, so be sure we have your current email address on file. If not, you can update it via *my Tri-C space*. See Step 2 on page 28 for my *Tri-C space* login details.

Important Information/ Site Facilitator Locations

Class schedules are emailed upon registration. They are also accessible in *my Tri-C space*. Click the main menu button to the left of the Tri-C logo, then click Discover and search Schedule. Click the View Schedule link on the Schedule and Grades card.

Schedules will be available on the first day of Encore Campus Fridays. Check the communication board at the Site Facilitator desk for important information, including room numbers.

Eastern Campus: Student Services building, second floor, across from elevators

Western Campus: Student Services building (B)

Westshore Campus:
Liberal Arts and Technology building (1st floor)

What Is my Tri-C space?

My Tri-C space (my.tri-c.edu) is the College's online information management system. There, you can verify your course schedule, reserve library books and discover Tri-C activities and events. All changes to your personal information are made through *my Tri-C space*. You can log in to *my Tri-C space* from any computer with internet access.

Parking Information

Parking is included in your noncredit course registration fee through the College's Campus Security and Maintenance Fee. This fee provides students with unlimited access to all campuses, recreation facilities, technology learning centers, libraries and campus special events without the need to purchase a hangtag. Protected, lighted parking is provided at all campuses. You may park in any unrestricted parking lot; however, parking is prohibited in spaces designated for faculty and staff. Parking information is available online at tri-c.edu/parking.

Emergency Notifications, Including Campus Closures

To have emergency alerts sent directly to your home phone or cellphone visit *my Tri-C space* (my.tri-c.edu). Click the main menu button to the left of the Tri-C logo, then click Discover and search Student Profile. On the Student Profile page, click Personal Information, then Update Address/Phone. Check the contact information that appears under Alert. If your info is incorrect, click the blue pencil icon to update.

Course Cancellations

Courses may be canceled for a variety of reasons. Each course has a cancellation determination date (date on which course will be canceled without minimum enrollment). Every effort is made to notify students when a cancellation occurs. When registering, please be certain Tri-C has your current contact information. **You will be notified via email if a course in which you have enrolled is canceled.**

ENCORE REGISTRATION FORM

ONLINE:

Visit tri-c.edu/encore and select "Register Online" from the campus page. See page 28 for online registration instructions.

IN PERSON:

Visit any of our seven campus enrollment centers. Hours and locations are posted at tri-c.edu/enrollment-center.

**Registration opens
Aug. 10 at 10 a.m.**

This is not a mail-in registration form. Registration can only be done online or in-person at an Enrollment Center.

Personal Information (Please be sure to include updated email to receive Encore communications.)

Update your information online via *my Tri-C space*. See page 28 for details.

Name _____
Last First M.I.

Date of Birth _____ / _____ / _____
Month Day Year

Student S# **OR**

Full SSN - -

Address _____
Number Street Apt. No.

City State Zip County

Home Phone - -
Area Code

Cell Phone - -
Area Code

Email _____

OPTIONAL

Gender Male Female

U.S. Citizen Yes No

Veteran Yes No

Ethnicity

Black White (non-Hispanic) Hispanic

American Indian or Alaskan

Asian, Pacific Islander or Indian Subcontinent

Other

Have you ever been convicted of a sex-related offense or a violent crime against a minor? Yes No

Have you been convicted of a sexual offense in the past 15 years? Yes No

Are you required to register as a sexual offender? Yes No

Payment Information

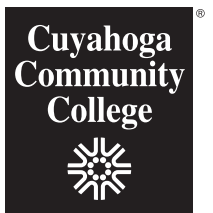
Registration Fees

_____ \$30 per course

_____ \$99 for up to six Encore Campus Fridays courses at a single campus

_____ Neighborhood Scholars Total

_____ **Grand Total**



View course descriptions beginning on page 11 and register online at tri-c.edu/encore. Find instructions to register on page 28.

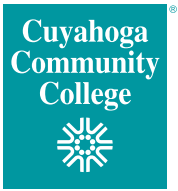
Join us for other opportunities

**Community
Education**
at Tri-C



Would you like to teach in the Encore program?

Contact us at encore@tri-c.edu or 216-987-2274.



Cuyahoga Community College
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Warrensville Heights, OH 44128

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